







المجلس الأعلى للتعليم   وزارة الصناعة والتجارة   وزارة التخطيط والاقتصاد   وزارة الصحة   وزارة التعليم العالي

الجامعة الخليجية  
 GULF UNIVERSITY

SUSTAINABLE  
DEVELOPMENT  
GOALS

Sustainability  
and Development  
Makers Center

Sustainable  
Engineering HUB

IEEE

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Northampton



# SUSTAINABILITY WEEK

## 20<sup>TH</sup>-24<sup>TH</sup> OCTOBER 2024

### AGENDA

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 IBN AL-NAFIS HOSPITAL CO.S.A.C.O


 البدر تاورز للتقاولات  
 Al Bader Towers Contracting


 جمعية حفظ البنية  
 Conserving Bounties


 BRAINS  
 الجمعية البحرينية للباحثين والمختبرات  
 Bahraini Researchers And Inventors Society


 Green Innova


 SADAD  
 BAHRAIN


 KPMG  
 Bahrain


 veer


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 مستشفى السلام التخصصي


 RAM





DAY 1  
20<sup>TH</sup>  
OCT

## GULF UNIVERSITY SUSTAINABILITY WEEK



10:00  
10:30

### Introduction to the SDGs: Global Interactive Presentations:

10:00-10:15: Opening speech & ceremony; introducing the week's activities and University commitments to continued action towards SDGs.

The Supreme Council for Environment (SCE) in Bahrain/Dr. SH. Fay Abdulla Al Khalifa/ Ministry of Interior/ Ministry of Health/ Ministry of Industry and Commerce/Ministry of Youth Affairs-The Supreme Council for Youth & Sports/Ministry of Works/Ministry of Housing and Urban Planning/Bahrain Science Center for SDGs

المؤسسة الملكية للأعمال الإنسانية RFH / Professor Mohanad AlFiras, President & Dr. Omar Bilbech, Gulf University Sustainability & Development Makers Center - SDMC

10:15-11:00: Overview presentation on the 17 SDGs and their significance.

Mr. Ahmed Ben Lassoued, UNIC /Dr. Mustafa Alsayed/ Mr. Nabeel Radhi, Innova Green / Dr. Najat Es'haqi/ KPMG Bahrain/KANOO Group .

11:00-11:30:

Discussion on "Sustainable Living" and Partnerships for the Goals: bringing together local organizations and businesses to discuss collaboration for achieving the SDGs.

11:30  
12:00

### Interactive Work Session

Interactive work session to explore how each SDG relates to business and everyday life of local communities.

Dr. Siddiq Balal / Dr. Najat Es'haqi / Dr. La'aleh Ala'li

12:00  
12:30

### Panel Discussion

on the progress and challenges in achieving the SDGs in local/regional context in Higher Education.

HEC Representative/ BQA Representative Dr. Rumpa Roy , D. Tanvir Hussein/Gulf University

12:30  
13:30

### Break at the GU Studio Café & University Tour to explore Campus settings and the launching of Sustainability Week Activities & Workshops

Dr. Omar Blibech, SDMS Director / Dr. Walid Elfezzani, SDMC Member

13:30  
14:00

### SDGs, ESG & Community Engagement Workshop: "Participate-Collaborate-Create".

KPMG-ESG Specialist, Mr. Naren Pasupalati & Mr. Kalyan Subramanian / Maryam Mahmoud AlHajri, NGOs / Dr. Mohamed Dawas, CECLC, Gulf University / Dr . Ahmad Alastal

14:00  
15:00

### Healthy activities and Mindfulness Session Promoting Mental Health and Well-Being.

MoH-Health Promotion Directorate Mrs. Maryam Almosawi /Dr. Muskan Nagi/ Mrs. Maryam Lukman/Fitness First / RAM Medical Center

Community wellness sessions featuring health screenings, health advising, health guide, lifestyle management and activities promoting physical and mental well-being. MoH Bahrain, Zainab Mahdi Abdullah, Zainab Abd Ali, Health Promotion Directorate; Think Pink: Bahrain Breast Cancer Society; , Mrs. Zainab Hasan, Mr. Ali Al-Aradi, Mrs. Sana Albaker/ Dr. Mariam Al Junaidi, Ibn Al-Nafees Hospital

15:00  
15:30

### Nutrition Workshop Focusing on Healthy and Sustainable Diets.

Dr. Shaima Abdelmaboud ALSALAM HOSPITAL/ Dr. Abrar Omran/ Healthy calories

15:30  
16:00

### Community Potluck lunch with dishes

dishes made from locally sourced, seasonal foods and different environment friendly culinary traditions/cultures.

16:00

### Eco-Friendly Personalized & Custom Gifts Distribution.

GUSW – Team / GU Sustainability Club



DAY 2  
21<sup>ST</sup>  
OCT

## GULF UNIVERSITY SUSTAINABILITY WEEK



**Climate Action:** Energy Conservation, Reduce & Reuse, Waste Reduction, Responsible Consumption and Production Day

- 10:00** | Campus-wide energy audit and awareness campaign: Energy-saving tips and tricks session.  
**10:30** | Eng. Mustafa Emad Al Masri / Dr. Walid Elfezzani
- 10:30** | **Recycling**  
**11:30** | Waste Management and composting workshop. Nidukki – Bahrain / BahrainCompost Co.
- 11:30** | **The 3Rs & Life-cycle Extension Workshop**  
**12:00** | Co-creativity workshop on upcycling old items into useful products and the Campus clean-up Challenge.  
Kiswa Bahrain/ Nidukki -Bahrain
- 12:00** | **Clothing Swap and Donation Drive.**  
**12:30** | Kiswa Bahrain
- 12:30** | **Kick-off Event .**  
**13:00** | with a presentation on the importance of reducing waste and reusing resources.  
Fives Services Gulf WLL
- 13:00** | **Workshop on Upcycling Old Items into Useful Products: Innovation**  
**14:00** | **Competition & Rewards.**  
Kiswa Bahrain
- 14:00** | **Movie screening of Documentaries Focusing on Environmental Issues**  
**14:30** | **and Solutions.** Bahrain TV / GU Media Production Center
- 14:30** | **Workshops and Panel Discussions on Renewable Energy Sources, such**  
**15:00** | **as Solar and Wind Power.**  
Prof. Dr .Isa Qamber /Eng. Mustafa Emad Al Masri/ Eng. Ali Salman Baba
- 15:00** | **Presentations on Digital Transformations.**  
**15:30** | smart urban planning, sustainable transportation options, including electric vehicles, bike-sharing programs, and carpooling trends towards reducing GWP. Eng. Hejer Krichene INSOMEA/ Arch. Mohammed Dadabhai, UN-Habitat Bahrain/ Eng. Arch. Kai Miehg, WAISTE
- 15:30** | **Themed Lunch using Local Products and Sustainable Ingredients.**

DAY 3  
22<sup>ND</sup>  
OCT

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## GULF UNIVERSITY SUSTAINABILITY WEEK



### Circular Economy

10:00  
10:30

Presentation, workshops & panel discussions (Call for Contribution: Importance of research linkage to SDGs). BIAINS, Bahrain Researchers and Inventors Society, URC – GU/ Dr. Mohamed Alsheikhly, Dr. Tanvir Hussein, Dr. Siddiq Balal, Dr. Mujeeb Saif, Dr. Tamer Alkadash, Dr. Ali Ateeq.

10:30  
11:00

### Talk Shows and Poster

sessions for Academics/Students Research/Projects towards SDGs (Call for Project).  
URC – GU/ Dr. Mohamed Alsheikhly, Dr. Tamer Alkadash

11:00  
12:00

### Showcasing Local Institutions

businesses and organizations that have successfully embraced circular economy practices: The Big Exhibition.

MoH Bahrain, Health Promotion Directorate/ BAPCO/ STC/ GREEN INNOVA/ KANOO Group / KPMG Bahrain/ EUREKA/ INSOMEA /FATIMALANSARI Design/ ALBADER TOWERS/ VEER/ Ibn Al-Nafees Hospital/ RAM Medical Center. IT Companies, Injaz, Tamkeen, Zain, Credimax, Benefit, Etc....

12:00  
13:00

### Best Innovative Research/Projects Competition Panel & Rewards. URC – GU.

13:00  
14:00

### The “SDGs Big Quiz” Competition & Rewards. GUSW – Team / GU Sustainability Club

14:00

### Green Lifestyle & “Eat Local” themed lunch.





DAY 4  
23<sup>RD</sup>  
OCTOB

## GULF UNIVERSITY SUSTAINABILITY WEEK



10:00

### Biodiversity Conservation and Outdoor Activities Day

Green booths featuring technologies, innovative initiatives relevant to sustainability, local flora and fauna.

BAPCO/ STC/ GREEN INNOVA/INSOMEA / Jassim Garden Centre GUSW – Partners/ Sponsors/

\*Guided trip & awareness session on marine conservation and protecting life below water.

Tubli Bay Reserve /Bahrain Mangroves Tour

10:30

### Educational and student project displays: Projects Relevant to Sustainability

GUSW – Team / GU Sustainability Club

10:30

### Interactive session

Ajyal Sustainability Consulting/ Eng. Arch. Kai Miehg, WAISTE/ Eng. Ali Salman Baba

11:00

### Presentation on Climate Change Impacts and Actions Individuals can Take.

Bahrain Science Center for SDGs/ Eng. Arch. Kai Miehg, WAISTE/ Dr. Siddiq Balal

11:30

### On-Campus Farmer's Market Featuring Local, Bio & Organic Products. Farmer's Market - Bahrain

12:00

### Workshop on Reducing Food Waste, Pest Control and Promoting Sustainable Agriculture . جمعية حفظ النعمة البحرين Conserving Bounties - Bahrain

13:00

### Trip and Nature Walk at the Nearby Park / Nature Reserve. Karzakan Forest Bahrain

15:00

### Lunch Meal Theme & Culinary Experience of Healthy food.

16:00

### Panel Discussion with Environmental Physics, environmental activists and policymakers on climate action and ocean conservation. Dr., Tanvir Hussein / Dr. May Al Saffar/ Dr. Hanan Mubarak Albuflasa

16:00

### Tree Planting Activity: On-Campus and Community Gardens Maintenance

STC Sponsorship Initiative/ Jassim Garden Centre

17:30

### Film Screening Followed by a Round Table on Biodiversity Conservation. GU Media Production Center

18:30

### Presentation & Talk Show Event by a Local Institution/Organization, Relevant to Peace and Justice"; The International Day of Peace "Ceremony to celebrate the Word Peace Day". جمعية شعلة المحبة والسلام. - Kingdom of Bahrain

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DAY 5  
24<sup>TH</sup>  
OCTOB

## GULF UNIVERSITY SUSTAINABILITY WEEK



10:00

**Presentations by a Group of Experts on Green Architecture and Sustainable Urban Design Principles.**

Eng. Nour Almotawa, NJ Engineering  
/ Zainab Abdulmohsen Eid/ Dr. Uneb Izgar, Bahrain Smart City Society/ Arch. Mahdi A Jjallawi

11:00

**Panel Discussions on Urban Planning for Resilience.**

Zainab Abdulmohsen Eid, Khalid Qarooni, Bahrain Smart City Society/Eng. Arch. Kai Miehig, WAISTE/ Arch. Sndra Job Gulf University

11:30

**Think-Tank on Urban Planning for Sustainable Cities and Communities.**

Dr. Uneb Izgar/ Eng. Abdallah Mohsen, Almoayyed Group/ Arch. Mahdi A Jjallawi

12:00

**Workshop on the Importance of Clean Energy and Sustainable Infrastructure.**

Eng. Hasitha Dnumpura , Arch. Wala Alqebaiti

13:00

**Workshop on Digital & Smart Solutions for Sustainable Cities and Communities.**

Eng, Waleed Abusadeh, EUREKA, Arch. Sandra Job, Gulf University, Khalid Qarooni Bahrain Smart City Society/Eng. Mustafa Magdy EUREKA.

14:00

**Green Lifestyle & "Eat Local" themed lunch**

15:00

**AI & Metaversity for Sustainable Development: One Day-based Training Workshop.**

Ms. Dalal Buhmeida, ICT Expert at Higher Education, Dr. Walid Elfezzani, Dr. Ashraf Nadheer, Gulf University.

15:30

**Group discussion on Personal Sustainability Goals and Action Plans.**

Dr. Tanvir Hussein & Ms. Fatema Al-Shuwaikh, Gulf University/ Mr. Ron Santiago

16:00

**Volunteer opportunities with community partners working towards various SDGs**

Good World Society/ Marsad Association for Human Rights/ Dr. Mohamed Dawas, CECLC, Gulf University.

16:30

**Honoring Participants/Partners/Sponsors / Closing Ceremony.**

